

Davis Branch Lap Pool



	MON	TUE	WED	THU	FRI	SAT	SUN
5:00	OPEN 5:00-8:00		OPEN 5:00-8:00				
5:30							
6:00	WATER FITNESS 6:00-6:45	OPEN SWIM 6:00 TO 9:00	WATER FITNESS 6:00-6:45	OPEN SWIM 6:00 TO 9:00	OPEN SWIM 6:00 TO 9:00		
6:30							
7:00	OPEN SWIM 6:45 TO 9:00	LAP SWIM 6:45 TO 9:00	OPEN SWIM 6:45 TO 9:00	LAP SWIM 6:45 TO 9:00	OPEN SWIM 6:45 TO 9:00	LAP SWIM 7:00 TO 9:00	
7:30							
8:00							
8:30							
9:00	WATER FITNESS CHALLENGE 9:00-9:45	WATER FITNESS 9:00-9:45	WATER FITNESS CHALLENGE 9:00-9:45	WATER FITNESS 9:00-9:45	WATER FITNESS CHALLENGE 9:00-9:45	WATER FITNESS 9:00-9:45	
9:30							
10:00	ARTHRITIS PLUS 9:50-10:35	ADULT LESSONS 9:50-10:35	ARTHRITIS PLUS 9:50-10:35	OPEN SWIM 9:50-10:35	ARTHRITIS PLUS 9:50-10:35	SWIM LESSONS 10:00-11:30	
10:30							
11:00	WATER FITNESS 10:40-11:25	ACTIVE OLDERADULTS WATER FITNESS 10:40-11:25	WATER FITNESS 10:45-11:25	ACTIVE OLDERADULTS WATER FITNESS 10:40-11:25	WATER FITNESS 10:40-11:25	TRI SKILLS 11:30-12:30	
11:30							
NOON	OPEN SWIM 11:30-2:00	OPEN SWIM 11:30-2:30	OPEN SWIM 11:30-2:00		OPEN SWIM 11:30-2:00	OPEN SWIM 12:30-8:00	
12:30							
1:00							
1:30							
2:00	ACTIVE OLDERADULTS WATER FITNESS 2:00-2:45	SWIM LESSONS 2:30-3:00	ACTIVE OLDERADULTS WATER FITNESS 2:00-2:45	OPEN SWIM 11:30-6:00	ACTIVE OLDERADULTS WATER FITNESS 2:00-2:45	OPEN SWIM 12:30-8:00	
2:30							
3:00	OPEN SWIM 2:45-5:00	OPEN SWIM 3:00-4:00	OPEN SWIM 2:45-5:00		OPEN SWIM 2:45-5:00	OPEN SWIM 12:30-8:00	
3:30							
4:00		SWIM LESSONS 4:00-6:00					
4:30							
5:00	OPEN SWIM 5:00 TO 6:30		GET IN FIT 6:00 TO 6:30		OPEN SWIM 6:00 TO 6:30		
5:30							
6:00		OPEN SWIM 6:00-7:30	WATER FITNESS 6:30-7:15	SWIM LESSONS 6:00- 7:30	OPEN SWIM 6:30 TO 8:30		
6:30							
7:00	WATER FITNESS 6:30-7:15						
7:30							
8:00	OPEN SWIM 7:15-9:30	OPEN SWIM 8:15 - 9:30	ADULT LESSONS 7:15-8:00		OPEN SWIM 8:30-9:30		
8:30							
9:00			OPEN SWIM 8:00-9:30	OPEN SWIM 8:15-9:30			

*Pool is closed during swimming lessons. During other scheduled programs the class has priority of pool usage.
Children under 6 require adult accompaniment in the water. One lap lane is always open for lap swimming.*